

**MICRODRIED® POMEGRANATE ARILS**  
Intermediate Moisture



Analysis Name	Results	Units (per 100g)
Calories	369	Cal
Carbohydrates	80.00	g
Total Sugars	48.16	g
Fructose	24.48	g
Glucose	23.41	g
Lactose	< 0.25	g
Maltose	0.27	g
Sucrose	< 0.25	g
Added Sugar	0	g
Total Fat	1.94	g
Trans Fat	< 0.01	g
Saturated Fat	0.507	g
Monounsaturated Fat	0.626	g
cis-cis Polyunsaturated Fat	0.724	g
Cholesterol	< 1	mg
Total Dietary Fiber	23.6	g
Protein	7.83	g
Vitamin A (Beta Carotene)	< 100	IU
Vitamin C	2.93	mg
Vitamin D	1.0	mcg
Calcium	63.9	mg
Iron	1.5	mg
Sodium	7.93	mg
Potassium	825.28	mg
Ash	2.40	g

*Data obtained from multiple sources including testing and literature.  
Data is not lot specific and should not be considered a specification.*

**Milne MicroDried®**

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